

FOI 077/2025 Response

1. Does your trust have any specific clinical care pathways, protocols, or service guidance specifically for the treatment or management of patients with:

- Dissociative disorders (including DID, OSDD, DPDR etc..)?
- Complex post-traumatic presentations involving dissociation?

There are no current specific care pathways for the above presentations

2. If yes, please provide copies of any relevant documentation or pathway flowcharts.

N/A – please refer to question 1.

3. Which clinical teams or services (e.g. CMHTs, trauma services, personality disorder services, psychology/psychotherapy teams) typically provide care for patients with dissociative disorders and dissociative presentations?

There are no clinical teams that provide specific treatment for those patients with dissociative disorders and dissociative presentations.

Community Mental Health Teams (CMHT) Specialist Psychotherapy Service and CASCADE, Solar etc will provide routine and evidenced based psychological interventions where dissociation may be present.

4. Does your trust offer or commission any specialist assessment or treatment (e.g. SCID-D diagnostic assessment, DID-focused psychotherapy) specifically for dissociative disorders?

Assessment and treatment for SCID-D or DID is typically commissioned outside of BSMHFT by the Birmingham and Solihull Mental Health Provider Collaborative commissioning teams.

5. Are patients with dissociative disorders referred to external providers (e.g. Centre for Dissociative Studies, Pottergate Centre, or other independent services)? If so, under what circumstances?

Yes, patients can be referred to external providers where there is complexity and BSMHFT services are unable to provide additional specialist assessment and intervention.

6. Has your trust delivered any training or guidance for clinicians on dissociative disorders in the past five years?

We have provided training for complex trauma and dissociation (Foundation and Advanced - 1 day each) and SCID-D (Assessment and Diagnosis in dissociation -2 days).

This has been for one of our clinical divisions Integrated Care and Community Recovery (ICCR) for 25 clinicians in 2024-2025.

This is now being followed by 10 sessions of supervision as part of the development of a Community of Practice, that is looking at assessment and treatment for Dissociation in BSMHFT.

7. If possible, please provide the number or percentage of current patients under your care who have a diagnosis of a dissociative disorder. This may include conditions coded under ICD-10 (eg. F44.8), ICD-11 (e.g. 6B64) or equivalent SNOMED CT terms. (If your trust uses other diagnostic classification systems such as DSM, please indicate where applicable.)

As of 10th June 2025, 36 patients.