

# FOI 0145/2025 Response

Please provide the following information for patients for calendar years 2022, 2023, 2024 and 2025

1. Number of people diagnosed with a stress-related condition (e.g., anxiety/stress/burnout/high blood pressure)
2. Number of separate appointments where stress was the primary diagnosis or treatment focus.
3. Number of referral appointments for 'stress' related conditions/diagnosis

**\*\*Clarification:** Please provide the information/amount of appointment diagnoses at referral rather than at the time of the appointment.

**1. Number of people diagnosed with a stress-related condition (e.g., anxiety/stress/burnout/high blood pressure)**

| Year | Patients |
|------|----------|
| 2022 | 6487     |
| 2023 | 5896     |
| 2024 | 6058     |
| 2025 | 2870     |

2. Number of separate appointments where stress was the primary diagnosis or treatment focus.  
Please note that Q2 is not applicable as based on system recording would be the same figures as Q3.

**3. Number of appointments where stress was the primary diagnosis or treatment focus for the referral**

| Year | Appointments |
|------|--------------|
| 2022 | 15642        |
| 2023 | 28028        |
| 2024 | 31533        |
| 2025 | 18699        |

Note: Patient attended appointments only. Cancelled or Did Not Attend appointments are excluded.

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