

FOI 0182/2025 Response

Please could you provide the following performance data for the IAPT/NHS Talking Therapies service covering following years:2021 to 2024 inclusive and 2025 YTD, broken down annually and monthly as appropriate.

1. Average waiting time for patients from referral to assessment appointment in weeks.

Note: Completed waits each month

Month	Year				
	2021	2022	2023	2024	2025
Jan	1.4	2.4	4.4	2.3	3.6
Feb	1.4	2.1	4.6	1.9	2.9
Mar	1.9	2.6	4.6	2.0	3.1
Apr	2.1	3.3	4.6	2.7	3.3
May	2.0	3.7	4.7	2.3	3.0
Jun	2.3	3.7	4.4	2.4	2.7
Jul	2.4	3.4	4.3	2.6	
Aug	2.4	3.3	3.6	2.4	
Sep	2.1	3.6	3.4	2.4	
Oct	1.9	3.6	3.0	2.9	
Nov	1.9	3.7	2.7	3.0	
Dec	1.9	4.1	2.7	3.0	

2. Average waiting time for patients after the assessment appointment to the start of treatment in weeks

Note: Completed waits each month

Month	Year				
	2021	2022	2023	2024	2025
Jan	4.4	6.0	4.6	2.1	0.0
Feb	3.9	4.9	4.0	1.9	0.0
Mar	4.1	5.0	4.6	1.0	0.0
Apr	5.0	5.6	3.6	0.9	0.0
May	5.1	6.1	4.3	0.4	0.0
Jun	5.1	6.3	3.9	0.0	0.0
Jul	4.7	5.3	2.9	0.0	
Aug	5.0	4.4	3.4	0.0	
Sep	5.0	4.3	3.0	0.0	
Oct	5.0	5.1	3.3	0.0	
Nov	4.4	4.9	3.4	0.0	
Dec	4.0	3.1	2.9	0.0	

3. Total number of patients on waiting list by month (waits for assessment)

Note: Snapshot position at month end

Month	Year				
	2021	2022	2023	2024	2025
Jan	313	695	1305	507	978
Feb	597	911	1360	671	1086
Mar	773	1159	1424	706	1035
Apr	610	1043	1344	649	801
May	704	990	1409	783	783
Jun	878	1051	1197	796	661
Jul	763	976	1040	681	
Aug	678	1099	915	769	
Sep	600	1105	914	888	
Oct	743	1258	899	1076	
Nov	681	1255	781	1041	
Dec	624	1108	612	991	

3. Total number of patients on waiting list by month (waits for treatment)

Note: Snapshot position at month end

Month	Year				
	2021	2022	2023	2024	2025
Jan	941	634	518	449	556
Feb	870	688	620	475	686
Mar	688	610	550	502	786
Apr	724	615	442	484	803
May	740	624	476	386	764
Jun	700	572	525	375	1012
Jul	619	541	506	457	
Aug	760	565	551	508	
Sep	712	519	430	544	
Oct	754	533	446	568	
Nov	713	484	388	559	
Dec	648	595	471	682	

4. The reliable recovery rate % by month

Month	year				
	2021	2022	2023	2024	2025
Jan	54.6%	45.3%	43.8%	44.1%	44.5%
Feb	53.0%	48.0%	49.4%	44.8%	47.0%
Mar	54.0%	47.4%	47.6%	41.0%	44.5%
Apr	56.8%	49.2%	47.9%	43.4%	45.3%
May	54.1%	45.9%	46.2%	45.8%	42.5%
Jun	52.9%	45.2%	45.4%	42.4%	43.4%
Jul	51.7%	44.5%	43.5%	44.2%	
Aug	54.8%	50.1%	41.2%	45.2%	
Sep	48.5%	46.6%	41.8%	40.3%	
Oct	47.5%	43.4%	44.1%	40.2%	
Nov	49.0%	47.7%	44.1%	44.6%	
Dec	51.4%	51.4%	47.1%	45.6%	

5. How many total patients are in contact with the service (Referrals, Assessment, Treatment etc)

Month	Year				
	2021	2022	2023	2024	2025
Jan	3279	3390	3060	3533	3745
Feb	3091	3123	2859	3395	3595
Mar	3518	3220	3006	3105	3664
Apr	3563	2973	2761	3413	3916
May	3439	3266	2842	3283	3724
Jun	3552	3129	3030	3175	3948
Jul	3602	3136	3008	3267	
Aug	3402	3140	2902	2887	
Sep	3794	3178	3022	3138	
Oct	3506	2815	3223	3329	
Nov	4120	3105	3491	3410	
Dec	3384	2439	2906	3123	

6.Names of the providers operating the IAPT/NHS Talking Therapies Counselling services for Depression and Anxiety during the periods requested

The Trusts provides IAPT/NHS Talking Therapies Counselling services for Depression and Anxiety via our Birmingham Healthy Minds Service

7. Any contract warnings or breach notices issued to the provider

There have been no formal contract warnings or breach notices issued to us due to performance failures/failure to meet KPIs

8.How many FTE Staff are employed in the Talking Therapies service? Clarification:I am enquiring specifically about Mental Health staff ie CBT Therapists, PWP's, Nurses, Psychologists, High Intensity Therapists, Psychiatrists etc.

Tthe current wte for clinical staff is 107.3 WTE

9. How many Vacant FTE roles are there within the Talking Therapies Service?

13.11 wte vacancies includes 1.0 wte admin post, for clinical posts only it will be 12.11

10.Number of referrals received each month?

Month	Year				
	2021	2022	2023	2024	2025
Jan	1767	2045	2253	2226	2068
Feb	1821	2089	1889	2271	2077
Mar	2159	2195	1964	1902	2000
Apr	1830	1620	1697	1990	1850
May	1886	1937	1986	1991	1884
Jun	2038	1881	1877	1874	1977
Jul	1898	1837	1879	1949	
Aug	1841	1983	1735	1713	
Sep	2123	2000	1824	2034	
Oct	2098	2006	2142	2212	
Nov	2435	2071	2128	1997	
Dec	1817	1456	1549	1683	