

FOI 0193/2025 Request

Background Information:

Birmingham and Solihull Mental Health NHS Trust provide adult ADHD services for those aged 18+ in Solihull and 25+ in Birmingham.

However, please note that from 1st July 2025, the management of ADHD service (for 18-25 year olds with a Birmingham GP) was transferred from Forward Thinking Birmingham Service (hosted Birmingham Women's and Children's Trust) to BSMHFT.

This therefore means that we are unable to provide any data prior to 1st July 2025.

For data relating ADHD services for 18-25 in Birmingham prior to 1st July 2025, please redirect your request to Birmingham Women's and Children's Trust.

1.What is the name of your Trust?

Birmingham and Solihull Mental Health NHS Trust

2. Where are you based?

England

Scotland

Wales

Northern Ireland

3. Do you run an adult ADHD service?

Yes

No (If No the form will skip everything until Q13)

**4. How many adults are currently waiting for an ADHD assessment across your Trust?
Please enter the total number. If you do not record this information please enter: Not recorded**

5956

5. How many referrals for adult ADHD assessments did you receive across your trust in 2024? Please enter the total number. If you do not record this information please enter: Not recorded

4892

**6.How many adult ADHD assessments did you carry out across your trust in 2024?
Please enter the total number. If you do not record this information please enter: Not recorded**

678

7.Do you support patients while they are on the waiting list?

Yes

No (If No the form will skip Q8)

8. Please outline what support you offer patients while they are on the waiting list?

N/A - Please note for those on the waiting list, we can provide generic signposting advice (e.g. talking therapies) but we do not provide any direct or routine support.

9. Has your any part of your Trust closed waiting lists for new adult ADHD assessment referrals at any point in the last 12 months? **Clarification: I'm asking if the adult ADHD services in your trust have always been open to new referrals in the last 12 months? Some Trusts have said they won't look at new referrals because they've been so busy. Does that help?

Yes

No (If No the form will skip Q10)

10. Please give details of which services were affected and for how long?

N/A

11. Do any adult ADHD services across your trust have an exclusion criteria for assessment referrals?

Yes – please see response to Q12 for more information

No (If no, the form will skip Q12)

12. Please select all relevant reasons from this list:

We do not accept patients *under* a certain age. We are commissioned for those aged 18+ in Solihull and 25+ in Birmingham, therefore do not accept referrals outside of this age range.

13. Feel free to add any more information here

In addition to the above response for Q12, we also are only able to accept referrals for individuals who are registered with a Birmingham or Solihull GP.