

FOI 0200/2025 Request

Dear Birmingham and Solihull Mental Health NHS Foundation Trust,

This is a Freedom of Information request under the Freedom of Information Act 2000 (the “Act”). Please provide the following information you have pertaining to ADHD and Autism assessments and post-diagnostic services within your Trust / Health Board.

I have included tables below so you can see how the data should be broken down. However, if possible, please use the excel spreadsheet attached to the request to input the data.

Definitions:

1. Third-party private providers

Refers to independent, non-NHS organisations contracted to deliver ADHD and / or Autism services. These providers operate outside of NHS Trusts / ICBs / Health Boards and typically deliver services such as assessments, prescribing, post-diagnostic support, and therapy. Examples may include (but are not limited to) ADHD 360, Psychiatry UK, Clinical Partners, and Evolve Psychology. These providers may deliver services under direct contracts with the ICB, via framework agreements, or under the NHS Right to Choose pathway.

2. Prescriptions

Refers to the administrative cost of issuing and managing prescriptions. This includes clinical time spent generating repeat prescriptions, as well as costs related to digital or manual prescription systems.

Note: This does not include the cost of the medication itself (see ‘Medication’).

3. Medication

Refers to the actual cost of purchasing and supplying medicines, including stimulants and non-stimulants (e.g. methylphenidate, atomoxetine, guanfacine). This includes the drug cost, as invoiced by the provider or pharmacy.

4. Therapies

Refers to post-diagnostic therapeutic interventions, such as talking therapies, cognitive behavioural therapy (CBT), counselling, behavioural coaching, occupational therapy, or speech and language therapy, where these are part of the ADHD or Autism treatment pathway.

5. Psychoeducation

Refers to structured sessions aimed at helping patients, families and/or

schools understand and manage ADHD or Autism. This may include workshops, group education programmes, or 1:1 educational support on condition management, lifestyle strategies, or behaviour planning.

6. Other Support Services

Refers to additional post-assessment services not captured under therapy or psychoeducation. This may include digital tools, care coordination, coaching, employment or educational support, or clinician-led review sessions that do not fall under prescribing or therapy categories.

1. Please provide your total annual spend and total number of patients (for each of the last three financial years) on ADHD and Autism assessments, broken down by age categories as listed below.

**For definition of “third party private providers” please see below. An example list of providers (for ADHD) can be found [here](#)*

TOTAL		Apr-22-Mar-23	Apr-23-Mar-24	Apr-24-Mar-25
ADHD assessments – patients 18 years old and over	Total number of patients	638	842	617
	Total annual spend	The Trust is unable to provide the total spend for ADHD assessments. This is because we do not capture the data to the level of detail requested. However, we can provide the total cost of the ADHD Team for the note time period, please refer to the response provided for question 2.		
ADHD assessments – patients <18 years old	Total number of patients	The Trust CAMH Service- Solar is not commissioned for ADHD or ASD assessments. In addition to this the Trust is not commissioned for autism assessment.		
	Total annual spend			
Autism assessments - patients 18 years old and over	Total number of patients			
	Total annual spend			

Autism assessments - patients <18 years old	Total number of patients	
	Total annual spend	

2. For Apr-24-Mar-25, please split out the total number of patients / annual spend from question 1 by those delivered in-house vs those delivered by third party private providers* (for Apr-24-Mar-25). Please use one row for each third party private provider and please also include the pathway / contract type for each third party private provider (e.g. block contract, right to choose):

Provider		Apr-24-Mar-25																						
	Pathway	ADHD – 18 years old and over patient numbers	ADHD – <18 years old patient numbers	Autism – 18 years old and over patient numbers	Autism – 18 years old patient numbers	Total annual spend																		
Example: Provider A	Right to Choose	Please note that the Trust is unable to provide the requested spend. This is because we do not utilise private provider, nor do we refer to Right to Choose.																						
Example: Provider B	Block contract	However we can provide the total cost of the ADHD Team for the note time period.																						
Example: In-house delivery	n/a	<table><tr><th colspan="6">ADHD Service</th></tr><tr><th colspan="2">22/23</th><th colspan="2">23/24</th><th colspan="2">24/25</th></tr><tr><td>£</td><td>1,024,414</td><td>£</td><td>1,253,122</td><td>£</td><td>1,573,945</td></tr></table>					ADHD Service						22/23		23/24		24/25		£	1,024,414	£	1,253,122	£	1,573,945
		ADHD Service																						
22/23		23/24		24/25																				
£	1,024,414	£	1,253,122	£	1,573,945																			
Total (should align with question 1 total for Apr-24-Mar-25)		Note: Trust CAMH Service- Solar is not commissioned for ADHD or ASD assessments. In addition to this the Trust is not commissioned for autism assessment.																						

3. For Apr-24-Mar-25, please provide your total annual spend on the following post-diagnostic services. Please find definitions for post-diagnostic services at the end of the request. Please include volumes where your Trust / Health Board has commissioned third party provider(s) to deliver the service.

Annual spend	Prescriptions	Medication	Therapies	Psychoeducation	Other support services
ADHD – patients 18 years old and over	Please note that the Trust is unable to provide the requested spend. This is because we do not provide medication and we do not deliver therapy. In addition to this, we cannot identify who has had psychoeducation without manually searching and reviewing a large cohort of records, thus exceeding the threshold to complete this task and relying on Section 12 exemption of the Freedom of Information Act. Note: Trust CAMH Service- Solar is not commissioned for ADHD or ASD assessments. In addition to this the Trust is not commissioned for autism assessment.				
ADHD – patients <18 years old					
Autism - patients 18 years old and over					
Autism - patients <18 years old					

4. What is the FTE of employed clinicians in the Trust / Health Board who can conduct ADHD / Autism assessments, or prescribe ADHD medications? If possible, please split by role type. Please provide answers based on FTE (rather than headcount). Please exclude vacancies.

	ADHD assessments	Autism assessments	ADHD prescriptions
Psychiatrists	1.0	N/A	1.0
Paediatricians	0.0	N/A	N/A
Specialist nurses	3.0	N/A	4.5

Speech and language therapists	0.0	N/A	0.0
Clinical psychologists	0.0	N/A	0.0
Social workers	0.0	N/A	0.0
Other	0.0	N/A	0.0
Total (FTE)	4.0	N/A	5.5

5. Please provide the current number of patients, that are currently waiting for an ADHD or Autism assessment at your Trust / Health Board. Please also provide the average (mean) time spent on the wait list before receiving an assessment at your Trust / Health Board. Please include the date which your figures are based on.

	ADHD assessments	Autism assessments
Number of patients (18 years old and over)	5956	The Trust CAMH Service-Solar is not commissioned for ADHD or ASD assessments.
Average wait time (18 years old and over)	11 months	
Number of patients (<18 years old)		In addition to this The Trust is not commissioned for autism assessments.
Average wait time (<18 years old)		