

FOI 0316_2025 Response

Request

Dear Freedom of Information Officer,

I am writing to request information under the Freedom of Information Act 2000. I am an undergraduate student conducting research for my major study project, researching access to NHS Mental Health Services for young people experiencing homelessness.

Specifically, I am requesting anonymised data regarding service users who meet the following criteria:

1.Age range: 18 to 24 years.

2.Accommodation status: Those identified as living in homeless supported accommodation targeted at 16–24 year olds, such as (but not limited to):
YMCA supported housing
Depaul supported housing
Foyer projects
Similar supported accommodation schemes for homeless young people.

3.Time period: From 1 January 2020 to the most recent available data.

when searching your records, relevant terms might include “homeless”, “supported housing”, “supported accommodation”, “foyer”, “YMCA”, “Depaul”, or similar categories your Trust may use to classify accommodation status.

I would be grateful if the information could include the following, presented in aggregate/anonymised form:

The number of individuals aged 18–24 each year since 2020 who were identified as living in homeless supported accommodation (as defined above).

If available, a breakdown by year (2020, 2021, 2022, 2023, 2024, and 2025 to date).

Clarification: I am requesting data on patients that are aged between 18 and 24 that have sought help for their mental health whilst homeless or living in a homeless shelter/homeless accommodation

Response

Please see the data below and note:

Data has been provided for the number of young people aged 16-24 accessing the service and identified as living in homeless accommodation

The data covers 2020- 22nd October 2025

As of 1st July 2025, Forward Thinking Birmingham – service previously hosted by Birmingham Women’s and Children’s Trust, has been transferred to BSMHFT. For this service, the data below therefore only covers 1st July to 22nd October 2025, and we do not have any data prior to this time period.

Should you wish to access data prior to 1st July 2025, please redirect this element of your request to Birmingham Women’s and Children’s Trust

Year	Patient Count
2020	107
2021	101
2022	71
2023	74
2024	42
2025	34*