## FOI 0345/2025 Response

## Request

Dear Sir/Madam, Under the Freedom of Information Act, we would like to request the following information from your Trust.

We would be grateful for any information you can provide, and if you are unable to answer certain questions, please complete the remaining questions. In line with the latest classification, Vaginismus and Dyspareunia have been redefined under the same diagnostic category, Genito Pelvic/Pain Penetration Disorder (GPPPD). GPPPD is a combination of painful sex, penetration difficulties and involuntary vaginal muscle spasm. Therefore, any information on the three conditions would be appreciated. Patient Leaflet

- 1. Does the trust provide any patient leaflets or written guidance on GPPPD/Vaginismus/Dyspareunia? a. Please provide us with a copy of the standard information leaflet or give a link to your online information.
- 2. Does the trust provide any patient leaflets or written guidance on how to use dilators for individuals with GPPPD/Vaginismus/Dyspareunia? a. Please provide us with a copy of the standard information leaflet or give a link to your online information. Treatment Please provide the following information in accordance with the financial year, April 2024 to April 2025, or the calendar year January 2023 to December 2024:
- 3. What brand(s) of vaginal dilators did your service recommend to individuals with GPPPD/Vaginismus/Dyspareunia?
- 4. How many vaginal dilators (single pack and/or multipack) did you purchase in your service? a. If you have this information for previous financial years, please provide this also.
- 5. What was the unit cost of vaginal dilators (single pack and/or multipack) for GPPPD/Vaginismus/Dyspareunia?
- 6. What was the total cost of vaginal dilators (single pack and/or multipack) for GPPPD/Vaginismus/Dyspareunia in the year under review?
- 7. What is the name of the service that you are referring to when returning this information

## Response

Please note that Birmingham and Solihull Mental Health Foundation Trust explicitly provide mental health services and do not provide physical healthcare like an Acute Trust.

Your request for information is therefore not applicable to the Trust.