

FOI 0405/2025 Response

Request

Dear Birmingham and Solihull Mental Health NHS Foundation Trust,

Please provide the following information for the period 1 Jan 2020 – present:

The number of patients who have reported mental health deterioration, psychological harm, self-harm, safeguarding concerns, or trauma linked to:

attempts to change or suppress their sexual orientation, or

attempts to change or suppress their gender identity (including “identity exploration,” “gender confusion support,” or similar terminology).

Any incident reports, serious incident (SI) logs, or datix categories used for such cases (anonymised).

Any referrals made to:

safeguarding teams,

mental health crisis services, or

external agencies (e.g., ICB, police)

where conversion or suppression attempts were mentioned by the patient.

Please ensure all data is anonymised.

***Clarification:

To confirm, I am seeking the number of patients with Mental Health conditions/ safeguarding concerns linked to attempts to change or suppress their sexual orientation or gender identity.

The number of referrals for patients linked to attempts to change or suppress their sexual orientation or gender identity.

Response

Although our patient administration system has the capacity to capture ‘Gender Discomfort Issues’ which can relate to attempts to change or suppress their sexual orientation or gender identity, this criterion can equally relate to complex trauma.

The Trust is therefore unable to provide a response to your query as we cannot accurately and reliably report on the requested information.