

FOI 0422/2025 Response

Request

FOI questions:

1. Service Provision

- a. Does your Trust currently provide any clinical or non-clinical services that explicitly address any of the following (e.g., within sexual health, mental health, addiction, or emergency care settings) (please put an X for Yes or No for each):

Reference	Yes	No	b. If Yes, please describe the nature of each of these services (e.g. dedicated chemsex clinic, integrated support within substance use or sexual health services or other). If you have more than one service for one item, please specify the nature of each service.	c. If Yes, please provide any documents, guidelines or websites/URLs for each of these services
Chemsex				
Sexualised drug use				
Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use				
Crystal methamphetamine use				
Mephedrone use				
LGBTQ+ health issues				

2. Referrals and Care Pathways

- a. Does your Trust have an established referral pathway or protocol for patients identified as engaging in any of the following (please put an X for Yes or No for each):

Reference	Yes	No	b. If Yes, please say which departments are involved in these pathways (e.g. sexual health, mental health, A&E, drug and alcohol teams etc). If you have more than one	c. If Yes, please provide any documents, guidelines or protocols that refer to, or describe, such pathways.
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			pathway for one item, please specify the departments for each.	
Chemsex				
Sexualised drug use				
Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use				
Crystal methamphetamine use				
Mephedrone use				

- d. Are there any formal partnerships with external or community-based organisations that provides care or services specifically for LGBTQ+ or individuals that engage in chemsex, sexualised drug use or use of GHB/GBL, meth or mephedrone (e.g. Controlling Chemsex, Terrence Higgins Trust, London Friend)? Please state Yes or No.
- e. If yes to question 2d, please 1) state all external or community-based organisations that your trust has a formal partnership with and please 2) provide any documents, guidelines or protocols that refer to, or describe, these partnerships.

3. Workforce and Training

- a. Have any staff received training specifically relating to chemsex, sexualised drug use or LGBTQ+ needs in the last 3 years? Please state Yes or No.
- b. If yes to question 3a, please state:
- The type of staff trained (e.g. clinicians, counsellors, health advisers)
 - For what services the training was provided for
 - The name(s) of the training provider(s) and any relevant documents or website/URL
 - The approximate number of staff trained

4. Monitoring and Evaluation

- a. Does your Trust collect data on the number of service users presenting with issues related to chemsex or sexualised drug use? Please state Yes or No.
- b. If yes to question 4a, please provide available data (by year, from 2020 to present) on:
- Number of individuals assessed or treated
 - Type of service accessed (e.g., sexual health, A&E, mental health)
 - Any outcome measures collected (if available)

Response

Please note that Birmingham and Solihull Mental Health Foundation Trust explicitly provide mental health services and do not provide physical healthcare like an Acute Trust.

Your request for information is therefore not applicable to the Trust.